

Sources Community Resources Society (SOURCES) is a community-based non-profit organization. We have been providing help, encouragement and hope for individuals and families for over 40 years.

We touch the lives of more than 40,000 individuals and families across the Lower Mainland, Northern British Columbia and Vancouver Island every year. To serve them, our team of dedicated staff and devoted volunteers offer a variety of social wellness programs and services through 20 locations, including Community Resource Centres, that are continually expanding to meet individual and community needs.



The District 69 Family Resources Association (FRA) merged with SOURCES in 2019. Our location was named Sources Oceanside Resource Centre. We serve ten communities in the Oceanside corridor, through one location in Parksville at 198 Morison Avenue and a second meeting space in Qualicum Beach at The Commons, Room 18 - 744 Primrose Street. We are primarily an outreach service but we also offer many services on-site at our agency facilities.

FRA has been serving the community since 1989, initially focusing on parenting services. As the organization grew, new services were added to address child development needs and services that address social challenges.

Today we offer multiple services that meet the current needs. We are very proud of our three-year accreditation under CARF which is an international accrediting body. We achieved this in 2010 and it included an on-site survey report stating that our organization is operating at a level of excellence.

SOURCES maintains a commitment to quality service on every level. Our internal Continuous

Quality Improvement Committee and our Health and Safety Committee work diligently to ensure quality assurance.

We also have a reputation for going above and beyond to meet the needs of the people we serve. We believe that by promoting healthy communities for children, youth and families we are contributing to the overall health of our society.

Our Vision

All children, youth and families live in a healthy environment.

Our Mission

Sources Oceanside Resource Centre provides quality professional mental health and social services to support positive development of children, youth and families.

“social
wellness
for our community”